



Missouri Department of Corrections

TRAINING
ACADEMY
CORNER

Become an Adjunct Instructor!

If you enjoy talking to your fellow staff and imparting knowledge and skills, look into becoming an Adjunct Instructor! Opportunities are available for you to help teach other staff in a variety of topics. Anything from First Aid and CPR to Firearms to ORAS, and Case Planning!

Contact your ITO or RTC if interested and/or contact your Regional Training Centers for the next available Trainers Skills Development course!



**When you want to make
a big impact, remember,
a lot of small moments
changed you.**



New course: Know Your Communication Style

PFA's free resource page:
<https://pausefirst.com/freeresources/>

Check out the
MODOC Cares
QR Code for more
Wellness resources!



If you would like a Pause First Academy account, please email:
support@pausefirst.com
to get started!



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Training Director's Coin of Excellence!



**Class11 CRTC Honor
Student Award
Demond Barrett**
From NECC



**Class11 ERTC Honor
Student Award
Edward Bradberry**
From MECC



**Class11 WRTC Honor
Student Award
Alloura Stevens**
From WRDCC

The recipients of our Training Director's Coin of Excellence are chosen by their peers and Academy Trainers. Their peers and training staff believe they excelled in the training environment, and demonstrated a standard of excellence for fellow students to follow. During this training period, each student chosen has exemplified the following qualities of a Corrections Professional while attending training: attendance, appearance, class conduct, class participation and outstanding test scores.



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CRTC





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WRTC



ERTC





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Our Training Academy Corner Spotlight for this month is Katherine Engel who is a trainer at the Western Region Training Center. We asked Katherine a list of very important and hard hitting investigatory questions to help you get to know her a little better. This is what we found out!

- 1. Favorite super hero? **Superman****
- 2. Favorite animal? **Either a dog, cat, or dolphin, so I guess it's a 3 way tie!****
- 3. Favorite activity outside work? **Fishing and spending time with my family and friends.****

4. Does pineapple belong on pizza? **Absolutely NOT on mine, but if I'm not eating it I don't care!**

5. What's your favorite course to teach? **ECSI and Defensive Tactics!**

6. What made you want to be a Training Officer?

I had some amazing training staff when I went through the academy. They made this job look like it was a lot of fun. Once I got started as an adjunct trainer, I fell in love with helping my fellow staff and knew this is where I wanted my career to go. I have the best job in the department if you ask me!

7. What has working for the DOC helped you overcome in your life?

It has given me the resilience to overcome the way life can change in the blink of an eye. You never know what the day is going to hold but every day is a blessing if you choose to look at it that way. Even during the bad days there is always something to be thankful for.

8. You have been with the DOC 5 years, what has made you stay?

I stay because I truly love my job. I am thankful that I have a place of employment built around helping people, and has so many different opportunities for growth. Having a steady paycheck doing something you love is great!