

TRAINING  
ACADEMY  
CORNER



# Missouri Department of Corrections

## Become an Adjunct Instructor!

If you enjoy talking to your fellow staff and imparting knowledge and skills, look into becoming an Adjunct Instructor! Opportunities are available for you to help teach other staff in a variety of topics. Anything from First Aid and CPR to Firearms to ORAS and Case Planning!

Contact your ITO or RTC if interested and/or contact your Regional Training Centers for the next available Trainers Skills Development course!

“

**It Always Seems  
Impossible Until  
It's Done.**

-Nelson Mandela

”



**PAUSEFIRSTACADEMY**

New course: 21 Day Meditation  
Jumpstart Journal

New course: Personal Mission Statement: A Guide to Designing Your Journey

PFA's free resource page:  
<https://pausefirst.com/freeresources/>

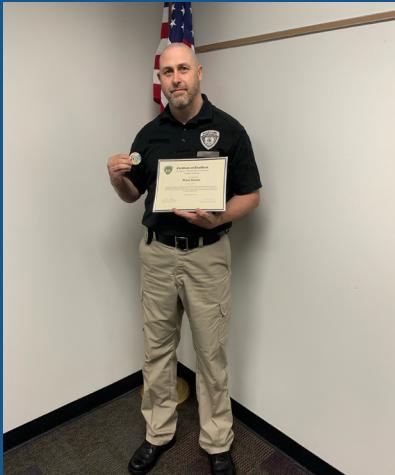
If you would like a Pause First Academy account, please email our wellness office at: [Wellness@doc.mo.gov](mailto:Wellness@doc.mo.gov) to get started!



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## Training Director's Coin of Excellence!



**Class 15 CRTC Honor Student Award**  
**Ward Bowen**  
From OCC



**Class 15 ERTC Honor Student Award**  
**Jessica Wright**  
From SCCC



**Class 15 WRTC Honor Student Award**  
**Anna Wright**  
From WRDCC



**Class 16 CRTC Honor Student Award**  
**Whitney Crowder**  
From TCC



**Class 16 ERTC Honor Student Award**  
**Sammy Moon**  
From SECC



**Class 16 WRTC Honor Student Award**  
**POI Jennifer Johnson**  
From D4W



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WRTC





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# CRTC





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## ERTC





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## Training & Talent Summit 2022





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